



Camp and Clinic Regulations

Club Camps may take place during the Beach/Provincial Team Season, but they must remain **neither Mandatory** (athletes are not required to attend in order to maintain a place on a Club Team) **nor Exclusive** (should not be invitation only).

School Volleyball should be an athlete's priority during the School Season, and Clubs should do their best to avoid conflict with School Programs. Clubs that choose to host Camps during the School Season must ensure the camps remain **neither Mandatory nor Exclusive**.

- Clubs should be aware that athletes often feel pressure to attend Fall Camps in order to increase their chances at making a Club Team. Clubs should do their best to encourage athletes to prioritize their School Season and only use Club Camps as supplemental training where appropriate.
- School Coaches should feel empowered to set practice and/or match attendance guidelines for their athletes to follow, and they should be open with their athletes about their position on Club Camp opportunities during the School Season.
- Parents should do their best to educate themselves on these Guidelines and help ensure that Coaches comply with them. A positive Athlete/Family experience is our highest priority, and diligent parents play a big role in helping maintain a safe and fun sport environment.

Club organized strength & conditioning programs (or any other off-court training) offered as a part of a camp or as a program in itself would be considered a camp and should be registered as such. During the school season, club teams (even those with early-signed athletes) can not:

- Train (on or off the court) as a team
- Train in exclusive small groups of team members
- Train individually with their club coach(es)
- Use Camps as a disguise for team training activities

A good rule of thumb for any camp (regardless of size) to avoid the perception that they are engaging in team training would be to ensure that fewer than half of the participants on a court are from any single club team.

Parents should not organize club-centric activities as a means to circumvent these regulations. This includes "Open Gyms", whether coaching is taking place or not. Coaches not registered with VM who are operating outside of these regulations would be risking the opportunity to become approved members in the future.

Clubs may not hold exclusive camps/private lessons from the end of Club Season (May 1st) until after December Tryouts. Only the Early Signing open gyms for 17U/18U teams for identification purposes are allowed.