



**SUMMER SERIES BEACH
LEAGUE**

**ADULT & YOUTH
PARTICIPANT HANDBOOK**

2026

TABLE OF CONTENTS

- 1. GENERAL LEAGUE INFORMATION**
- 2. PARKING**
- 3. GAME DAY PROCEDURES**
- 4. REFEREEING**
- 5. GENERAL BEACH RULES (ALL DIVISIONS)**
- 6. CONTACT RULES**
- 7. FORMAT-SPECIFIC RULES**
- 8. COACHING (YOUTH ONLY)**
- 9. SUBSTITUTIONS, ALTERNATES & ROSTERS**
- 10. RESCHEDULING**
- 11. DEFAULTS**
- 12. WEATHER AND AIR QUALITY**
- 13. PROTESTS**
- 14. LEAGUE EXPECTATIONS**
- 15. CONTACT**

1. GENERAL LEAGUE INFORMATION

Youth Leagues

- **8-week season**
 - 6–7 weeks regular season
 - 1–2 weeks playoffs
- Weekly format:
 - 2 matches vs. different opponents
 - **Timed matches:**
 - 2 x 14-minute sets
 - 1 x 10-minute set (always played)
- **No timeouts** in regular season matches
- Switch sides:
 - Every 7 points (sets 1 & 2)
 - Every 5 points (set 3)
- Playoffs: Best 2 out of 3 sets

Adult Leagues

- **10-week season**
 - 7–8 weeks regular season +
 - 2–3 weeks playoffs
- Weekly format:
 - Typically **2 matches (best-of-3 sets)**
- **Timeouts permitted** (1 per set, 60 seconds)

All Leagues

- Rainouts may result in a **1-week extension**

All Schedules, Scoring and Results will be through ISET.

Links will be on the Volleyball Manitoba website.

2. PARKING

- **Sargent Park:**
 - Park at Cindy Klassen Rec Centre (Sargent Ave entrance only)
 - **Maple Grove:**
 - \$5 daily or \$20 seasonal pass
 - Adult leagues: limited passes distributed (2 for 2s, 4 for 4s)
 - Revenue from parking directly supports MGRP facility improvements
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3. GAME DAY PROCEDURES

- Equipment (balls, score sheets) provided
 - Score sheets pre-filled — only final scores required
 - Arrive early and be ready to play
 - Staff available at control tent
 - **Youth:** horn signals timed sets
 - **Score submission:**
 - Refereed matches: handled by officials
 - Non-refereed matches: winning team submits to VM staff on-site
 - **13U/14U only:** provide a volunteer scorekeeper
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4. REFEREEING

- **Adult:**
 - AA (Men's/Women's): refereed
 - All other divisions: self-refereed

- **Youth:**
 - 13U/14U: Court Supervisor + scorekeeper
 - 15U–18U: refereed every second week + supervision
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5. GENERAL BEACH RULES (ALL DIVISIONS)

- No open-hand tipping
 - Block counts as a team contact
 - No centre line (no interference allowed)
 - No screening on serve
 - Sets over the net must travel square to shoulders
 - Technical timeout at **21 total points** (first 2 sets)
 - Switch sides:
 - 7 points (sets 1 & 2)
 - 5 points (set 3)
 - Only one player retrieves off-court balls
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6. CONTACT RULES

Youth (All Divisions)

- No overhand pass on serve receive
- No overhand first contact (unless hard-driven ball)
- Double contact allowed on 2nd contact if next touch is legal

Adult (Unrefereed Divisions)

- Same restrictions as youth
- Teams self-regulate setting standards

Adult (Refereed Divisions)

- Contact quality determined by referee

7. FORMAT-SPECIFIC RULES

2s (Youth & Adult)

- After losing serve, server must receive on **right side**
- Violation = point to opponent

3s (Youth only)

- Rotate clockwise when gaining serve
- Maintain triangle on serve receive
- Positional faults = point to opponent

4s (Adult)

- Teams choose substitution style:
 - Rotational or traditional

8. COACHING (YOUTH ONLY)

- No coaching during play
- Coaching allowed between sets only
- Coaches must:
 - Identify themselves pre-match
 - Be listed on score sheet

9. SUBSTITUTIONS, ALTERNATES & ROSTERS

Youth



- Substitutions between sets only

Adult

- 2s: between sets only
- 4s: rotational or standard substitution

All Leagues

- All alternate players must be approved in advance by Volleyball Manitoba staff via email. Requests must be submitted a minimum of 5 hours prior to your scheduled match to Alyssa at alyssa@volleyballmanitoba.ca to be listed on score sheet
- Alternates allowed if:
 - Registered VM member
 - Not from a higher division
- Roster changes must go through VM staff by 2:30 pm each day for schedule updates

10. RESCHEDULING

- Teams must contact opponents directly
- Once rescheduled games are confirmed between teams, please email changes ASAP to alyssa@volleyballmanitoba.ca

Important:

- Unplayed games = loss for initiating team
- Preliminary round matches must be completed before playoffs/power pools
- **Early rescheduling is strongly encouraged**

11. DEFAULTS

- 10 minutes late = set loss
- 20 minutes late = match default
- Default = failure to attend or reschedule

- Penalties for missed matches:
 - 1st: \$40
 - 2nd: \$60
 - 3rd: removal from league
 - Must be reported to VM staff on-site & tracked every night.
 - You will be invoiced and must pay the invoice prior to your next match. Cash will not be accepted.
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12. WEATHER & AIR QUALITY

- Play continues in most conditions
 - Play stopped for:
 - Lightning
 - Hail
 - Severe weather
 - Poor air quality
 - Updates posted online and via social media
 - **Decisions will be made by 2:00 PM when possible**
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13. PROTESTS

- Only players may raise protests
- Must be resolved immediately
- Staff/Court Supervisor may assist
- Staff decisions are **final**
- Scores are final once submitted

14. LEAGUE EXPECTATIONS

- Competitive but respectful environment
- All participants expected to demonstrate:
 - Sportsmanship
 - Respect
 - Fair play

15. CONTACT

alyssa@volleyballmanitoba.ca

WE LOOK FORWARD TO A GREAT SUMMER ON THE SAND!